



Morland's Running Journal

This photobook has been compiled by Morland Smith attempting to bring together into one volume, information from a number of different sources. These include old black and white family photographs, newspaper sporting photographs, recent colour family photographs, newspaper sporting articles, various certificates and medals, and training diaries maintained by the author over many years.

The book covers broadly a 60-year period from around 1953 at the Warwick High School, through to my most successful years in the early 1960s at the University of Queensland in Brisbane, to my professional geological career where work commitments took precedence over running, to finally resuming competitive running in retirement.

The material is arranged chronologically through to the year 2013.



Two of my best runs: A 1:52.8 880 yard run on 16 Nov 1960 (left) and a 4:11.3 Mile on 26 Nov 1960 (right) (photos by the Brisbane Telegraph)

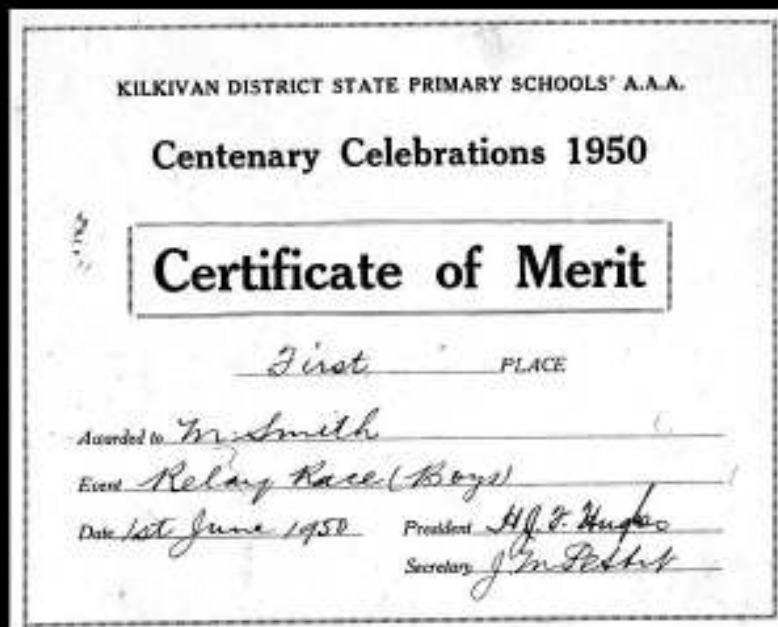
1939

August - Morland
striding out at 21
months

1947-1951

Attended Kilkivan State
Primary School. School
sports were held every
year and included
individual sprints (60-
100 yards) broad and
high jumps, tunnel ball
and group relays.
Generally placed second
in sprints - there were
no middle and long
distance events.





Kilkivan was a small 2-pub, 1-bank town and the school, a 3-teacher school with students up to Year 8 (Scholarship). The athletic competitions were held in the school yard next to the horse paddock where the mounts of some country students grazed during the school day. The running events were held on a reasonably flat, mown tufty grass surface. Nobody ever did any training for their events, so the competitions were pretty rough and ready, supervised by the 2 or 3 teachers at the school.

1952

Church of England Grammar School, Brisbane
No athletics

1953

1953-1955 at Warwick High School (WHS)

We had 3 athletic competitions each year.

1. Inter-house, between 3 different WHS teams
2. Inter-school, between the 4 Warwick secondary schools: WHS, Slade School, Scot's College and Christian Brothers.
3. Queensland State Schools, between, Warwick, Toowoomba, Ipswich, Wynnum, State Commercial & Nambour Highs

Interschool results held on 3rd October

440 yards: 1st in 58.8 sec, under 16 event

880 yards: 3rd in Open

Mile: Over 5 mins in Open



Finish of the 880 yards Open race - placed 3rd, aged 15



1953 Warwick High
Championship Team

1954

The 1954 Interschool Athletics Competition was held on 2nd October at the Queen's Park grass track. Ran the 880 yards at 1.54pm, the 440 yards at 4.23pm and the 1 mile at 5.02pm. Came 2nd in the 440, but won the 880 and mile events. Team was coached by Mr. Cec Anstey assisted by Mr. Les Winkle and Mr. Frank Boylan. Training commenced about 3-4 weeks before competition

440 yards: 2nd with 54 secs (winner 53.5 secs)

880 yards: 1st in 2 min 7.6 secs

1 Mile: 1st in 4min 58.4 secs.

WHS won the competition for the third year in a row



Finish of 440 yd race,
coming 2nd



Winning the 880



Start of the Mile race



1954 WHS Athletics Boy
Champion



PREVIEW



Presentation of the Appel Cup for winning the
Interschool Athletics Championships in 1954

1955

Took part in 3 athletic competitions this year in a 3-week period commencing on 8th September with the school's Interhouse competition. A week later on 16th, there was the trip to Brisbane for the Queensland State Secondary School Sports Association (QSSSSA) competition at the Exhibition grounds. Finally on 1st October, we had the 34th Annual All Schools' Sports at the Queen's Park in Warwick, with the High School again victorious.

Interhouse on 8th September in Warwick
880 yd : 2:12 1st and school RECORD
Mile: 5:00.4 1st and school RECORD

QSSSSA on 16th September in Brisbane

880 yd: 2:08 (approx) placed 2nd

Mile: 4:46 1st - my fastest time yet

All Schools' Sports on 1st October in Warwick

880 yd: 2:04 1st and All Schools RECORDy

Mile: 4:49 1st & All Schools RECORD

2nd December: Awarded School Colours in Athletics



Leading in the 1 mile race at the
All Schools Sports



Medal for
winning the 1
mile race at
QSSSSA



Morland being chaired off the field by team mates after breaking the mile record



Receiving the Appel Cup as Captain of WHS winning team



BACK ROW: R. Spreadborough, G. Peel, E. Bloomfield, G. Dempster, K. Bowles, P. Roberts.
 THIRD ROW: B. Neal, G. Maxwell, R. Shearer, P. Fogarty, G. Newton.
 SECOND ROW: A. Harland, P. Blackburn, J. Price, R. Shearer, D. Schlyder, M. McKinnon.
 FRONT ROW: Mr. L. Winkle, L. Peel, M. Smith, Mr. C. E. Anstey, R. Lee, K. Schlyder, Mr. F. T. Boylan.

WHS 1955 Winning Athletics Team with coaches
 Ces Anstey, Les Winkle and Frank Boylan

1956

First year at University of Queensland with very little running. Trained for about a week before the inter-college championships between my college (Kings), Cromwell, Emanuel and St. John's. Ran the 880 & mile

880 yd: 2:10, 2nd to Merv Litzow of Cromwell

Mile: ?? 2nd to Merv Litzow of Cromwell

1957

No Running

1958

Ran the 880 yards in 2:15 (approx) at the intercollege championships, with no training. Came 1st.

1959

Decided to take running seriously again late in the year. Again ran in the Inter-college championships and won the 880 yds in 1:59 with 1 week training. In September won an 880 yd race (past vs present students) at Churchie again in 1:59 with a week's training. Between September and December ran several other races between 880 yd and 3 miles as under:

| | | |
|----------|--------|---------------------------------|
| 880 yd . | 1:58 | Interclub comp., Lang Park, 2nd |
| | 1.57.1 | Interclub comp., Lang Park, 2nd |
| | 1.53.2 | Interclub comp., Lang Park, 2nd |
| Mile: | 4:23 | Interclub comp., Lang Park, 2nd |
| | 4.23.8 | Interclub comp., Lang Park, 2nd |
| | 4:22.8 | Interclub comp., Lang Park, 2nd |
| | 4:20.4 | Interclub comp., Lang Park, 1st |

1959 (Cont)

1500m 4:05 Interclub comp., Lang Park, 2nd

3 Mile 7 November, 15.40, Lang Park, 3rd behind
Tony Blue and Alan Jones

In December, was awarded Kings College BLUE in
Athletics.



1960

The beginning of my best running years, 1960-1961, starting with the state championships early in the year. There were several highlights during the year, starting in February with a couple of Queensland State records in relay races at the State Championships at Lang Park. On 9th April, I ran my fastest 880 ever (1:52.8) in a match race at Lang Park between olympians Herb Elliot and Tony Blue. I went to Sydney for the Intervarsity athletics championships in May and won the mile in a test match verses combined New Zealand universities - my time 4:17.3. Finally, on 10th December, the day that Jan and I became engaged, I ran a mile in 4:10.5, just missing out on the state record of 4:10.4

In April 1961, was awarded a Full Blue in athletics for the 1960 season

440 YARDS

4 May 1:51.5 Intercollege Championships, 1st

880 YARDS

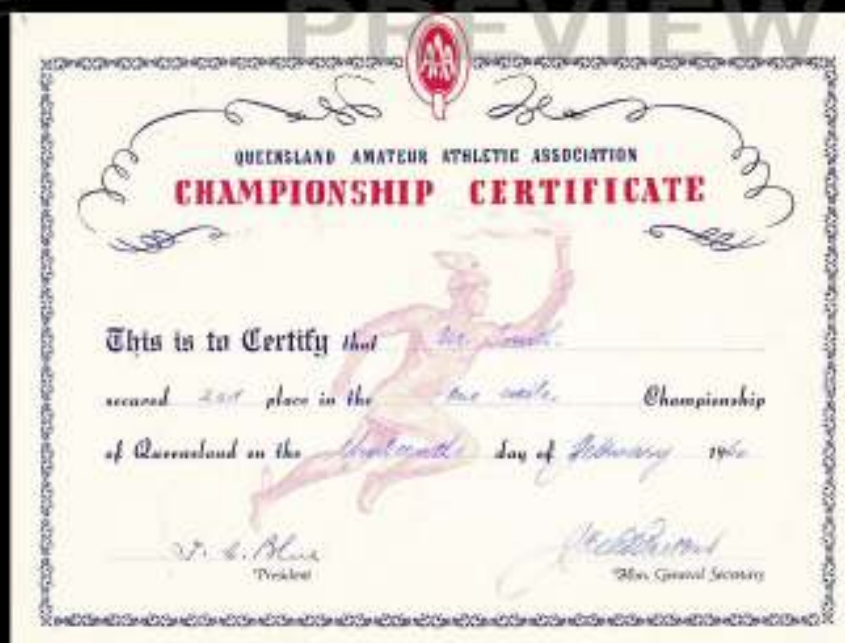
1:59 Interclub Comp., Lang Pk, 2nd to Dave Foote
1:56 Interclub Comp., Lang Park, 1st
6 Feb 1:55.5 Qld State Champs, Lang Pk., 2nd to Tony Blue
6 Feb 1:57.5 Qld State Champs, Lang Pk, 4X880 relay, 1st & QLD RECORD
13 Feb ??? Qld State Champs, Lang Pk, Medley relay, 1st & QLD RECORD
26 Mar 1:52 (est) Handicap race, Exhibition Grounds, Brisbane, 4th
9 Apr 1:52 Lang Pk. match race, 3rd to Olympians Herb Elliott & Tony Blue
4 May 1:58 Intercollege Championships, 1st
7 May 1:55.5 University Championships, 2nd to Tony Blue
26 May 1:57.1 Intervarsity, Sydney. 2nd to Russ Oakley
16 Jul 1:56.5 Time trial, St. Lucia. 2nd to Tony Blue
31 Jul 1:56.9 Churchie Carnival. 2nd to Tony Blue
17 Sep 1:58.5 The Southport School. 2nd to Dave Lewis
29 Oct 1:56 Interclub Comp., Lang Pk. Medley Relay, 1st
5 Nov 1:56.1 Interclub Comp., Lang Pk., 2nd to Tony Blue
12 Nov 1:57.5 Interclub Comp., Lang Pk., Medley Relay, 1st
19 Nov 1:52.8 Interclub Comp., Lang Pk., 2nd to Tony Blue (1:52.7)

1 MILE

| | | |
|--------|--------|--|
| 13 Feb | 4:16 | Qld State Champs., Lang Park 2nd to Dave Foote |
| 13 Feb | 4:27 | Qld State Champs., Lang Pk, 4X1 mile relay. 1st & STATE RECORD |
| 23 Apr | 4:25 | Fresher's Championships, 1st |
| 30 Apr | 4:18 | University Champs., 2nd to Tony Blue (4:16.9) |
| 4 May | 4:22.5 | Intercollege Champa., 1st |
| 14 May | 4:26 | Maryborough Carnival, 1st |
| 24 May | 4:19 | Intervarsity Comp., Sydney, 2nd to Deniss Wilson |
| 28 May | 4:17.3 | Test match vs New Zealand Universities. 1st |
| 17 Sep | 4:26 | Southport Carnival, 1st |
| 24 Sep | 4:24.4 | At St. Lucia, vs Churchie and BGS, 1st |
| 15 Oct | 4:17 | Interclub Comp., Lang Pk., 2nd to Tony Blue (4:16.9) |
| 29 Oct | 4:31 | Interclub Comp., Lang Pk., 2nd (first mile in the 4:30s) |
| 12 Nov | 4:16.6 | Interclub Comp., Lang Pk., 1st |
| 26 Nov | 4:11.3 | Interclub Comp., Lang Pk., 1st |
| 10 Dec | 4:10.5 | Interclub Comp., Lang Pk., 1st (missed state record of 4:10.4) |

3 MILE

| | | |
|--------|---------|---|
| ??? | 15:30 | Interclub Comp., Lang Pk. 3rd behind Tony Blue and Dave Foote |
| 22 Oct | 15:13 | Interclub Comp., Lang Pk., 1st |
| 5 Nov | 15:15.2 | Interclub Comp., Lang Pk., 1st |
| 19 Nov | 15:28 | Interclub Comp., Lang Pk., 1st (after a 1:52.8 880yd run) |
| 3 Dec | 14:47 | Interclub Comp., Lang Pk., 1st |



1960 State Champ. certificate,
2nd in mile with 4:16

Qld State Champ. medals
for 4X mile, 4X 880 &
Medley Relays

Sydney Intervarsity
1960. Running 2nd
in 4:19 to Denis
Wilson of Sydney
Uni.

4 days later on 28th
May, beat Wilson
and N.Z. runners in
a 4:17 mile



HE'LL SEEK MINERAL WEALTH

A YOUNG geologist from Queensland University will study possibilities of mining copper, gold, cobalt and asbestos west of Gympie, on a scholarship awarded yesterday.

He is Mr. Morland Ellis Smith, 22, from Caboolture, who has won the 1960 Zinc Corporation Scholarship.

A teammate of distance runner Dr. Tony Blue, Mr. Smith this week is running for Queensland in the Australian Universities athletics championships in Sydney.

He came second in the mile on Tuesday.

Award of the scholarship, worth £150, was announced by the Vice-Chancellor (Professor F. J. Schonell) yesterday.

Mr. Smith graduated this year as a Bachelor of Applied Science in Geology, with a thesis on the Kilkivan area, 33 miles west of Gympie.

He has an appointment as a demonstrator in the geology depart-



Mr. Morland Smith

ment, and will leave soon to study the Kilkivan and nearby Black Snake mineral districts, with his research aimed at a thesis for his doctorate.

Mr. Smith will completely map the area, and will examine the form, origin and economic potentialities of the various deposits—including copper, gold, cobalt (used in hardening steel), and asbestos.



1960 Australian Universities Athletics Team, Sydney



1960 Queensland University Intervarsity Athletics Team

prospect Queensland has seen for a long time.
Apparently Morland doesn't agree.
He has set his sights on half-mile, and to a lesser degree, mile honors.

He believes the stronger competition over those distances will bring out the best in him.

Queensland has never had a worth-while track distance runner.

R a w, inexperienced Smith might have become the first.

Russell Duigan, University's State pole vault champion, has been able to do little training in the past 12 months because of a shoulder injury.

State long jump and hop, step and jump champion Vic Reading is handicapped by tinea in both feet.

I BELIEVE that University student MORLAND SMITH is the best distance running

Fortunes waver on soggy track

SPRINT FORTUNES fluctuated in a limited competition at Long Park yesterday.

In the early part of the afternoon Alan Crawley beat Mick Malsuf over 100 yds. in 9.8 sec. to record the fastest time in all divisions.

Later he met sprint champion Eric Bigby, who beat him by inches in 9.9 sec.

In a final desperate effort Bigby died for the tape to win.

Ken Lenn, who won his first run in 39 sec, was third to Bigby and Crawley.

A stiff breeze counteracted the heavy track to make things good.

Bigby ran the fastest quarter time, but was 1.8 sec. slower than his 88.2 sec. ran the previous Saturday.

Going heavy

The heavy going in the three miles was more apparent as the runners sloped round the 111 circuits.

Tony Blue decided not to run the half mile. He competed in the three miles but was beaten into third place.

In last and slow lap running Blue finished behind Morland Smith and George Balo.

Promising Toowoong Junior Alan Atchison won the 880 yards. Don John drew and teamed runner Bob Miller.

Turned up

Because of the interrupted track it was decided at 11 a.m. yesterday to cancel competition, but many athletes, spectators, and officials turned up.

At 2 p.m. it was decided to hold a limited number of events that would not be likely to damage the ground.

Throwing events were ruled out and no running was allowed on the inside lanes.



END of three miles of racing for University Club athlete Morland Smith, who competed in the Q.A.A. event at Long Park yesterday.

TIRED TONY IN A NARROW WIN

A TIRED Tony Blue was nearly beaten in the mile in inter-club events at Long Park yesterday.

He managed to hold out Claboute Morland Smith in an inches decision, in 4 min. 35.9 sec.

Blue returned on Thursday after a strenuous tour of Europe and the British Isles, where he racked 4 min. 4 sec. for the mile.

He was expected to break his local record of 4 min. 15.4 sec.

Late run

With Bob Miller setting an early pace it soon became evident that there would not be a repetition of Blue's outstanding overseas performance.

There was still back in the field as the second lap came up in 2 min. 51 sec. Then over the third lap he fought in the front to finish the third lap in 1 min. 35 sec.

Smith closed the gap with a creditable 4 min. 11 sec. but Blue was superior in the final stages.

In winning the long jump for Thursday, Alan Crawley matched Olympic selection figures.

Open record

He set a Queensland open record of 24 ft. 6 in. in clearing the best official performance. Alan Bili broke Joseph Australia set the Australian record of 24 ft. 11 in. in 1947.

When asked how he felt about his performance, Crawley said: "I'm in the luck of my mind."

Olympic representative John Dwyer and Tom Tomlinson jumped 24 ft. 1 in. and 25 ft. respectively at the last Australian trials, but they were worst assistance.

The open Queensland

16 October 1960

BIRTHDAY RUN WAS A BEAUTY

By JOHN MORTON

State middle distance "find" Morland Smith celebrated his birthday two days early with an effortless three-mile win at Long Park today.

With great poise from his body, Smith sprinted across the line 200 yards and more than 20 seconds ahead of the University challenge Alan Jones.

An hour earlier he had finished second to Tony Blue in the half-mile.

Smith, 22 on Monday, treats the three-mile as a training gallop for miles and half-miles, yet he is a half-lap better than any other Queenslanders at present.

And he began running seriously only 15 months ago.

His time, affected by the heat, a poor track and his superiority over his rivals, was 15 min. 15.2 sec.

Behind Smith and Jones came Don Collins, Peter Plummer and Blue who had set the pace for Jones in the middle stages of the race.

Bigby struck sprint form

Blue's earlier winning half-mile came at 1.34.8 was his second slowest in three years.

Eric Bigby struck sprint form with a 224 yards run of 31.4-one-fourth of a second outside the State resident record.

He defeated Alan Crawley comfortably and Bruce Barnett.

Lance Nicholson ran only a disappointing 56.2 for the 440 hurdles.

Nick crashed the final hurdle but beat his mate Toowoong club mate Jeff Collins, and Peter Hall.

22nd October 1960

Some articles by sports journalist John Morton for the Brisbane Telegraph and Sunday Times in Oct.-Nov. 1960.

6th November 1960

New threat to Dr. Tony

By BRIAN MULLINS

IN a near-hullabaloo result, Olympian Dr. Tony Blue was forced to go all out in heat University rival and clubmate, Morland Smith, in a "hill-pool" time over the half-mile at Lang Park yesterday.

Following a fierce-contested race by Smith, who helped highlight the interclub competition by chasing Blue all the way, Blue's greatness as a middle-distance runner could well be shaken by rapidly improving Smith in the very near future.

Although the race appeared to be run at greyhound pace, Smith's winning time, 1 min. 54.8 sec., fell well short of his Australian record of 1 min. 49.0 sec., established early this year on his club's track at St. Lucia.

Proving to Blue's appearance on the local athletics scene a few days ago, his time yesterday would have knocked Blue's record for a "home run."

In this interclub event, Blue was pushed all the way by Smith, who led only yards from the finish to come home 10 yards behind the cheering audience.

Later in the afternoon, Blue lined up for the three miles but was well beaten into fifth place in a race which is just one of his great forte.

Smith had an undoubted win on winning horses from the half-way and covered the 12 laps in 13 min. 14.1 sec., but over 40 sec. slower than Eugene O'Sullivan's State record time.

One of my better 880 races on 19th Nov at Lang Park with 1:52.8, behind Olympian and university clubmate Dr. Tony Blue at 1:52.7

HALF-MILE STRUGGLE

By JOHN MORTON

New star Morland Smith failed by inches to upset Australian record holder, Tony Blue, in a terrific half-mile tussle at Lang Park today.

Shoulder to shoulder, Blue and his University clubmate fought out a "battle royal" down the straight.

Tony Smith, on the outside, forced his way to the lead in the straight, but tenacious Blue buckled his way to the front again.

Blue edged up in the last couple of yards and Smith was in front a foot past the post. The barest possible margin separated them.

Blue's time was one min. 52.7 sec., and Smith was given his fastest time of 1:52.8.

Hung on grimly

Blue, who has not been beaten over the distance by an Australian apart from Herb Elliott since March, 1958, said: "I thought he had me at the top of the straight."

Smith set the pace for a slow first lap but when Blue took over with little

more than a lap to go, Smith stuck grimly behind the Olympian.

Dick Presland, racing away from his rivals after the first lap to beat Tony's clubmate, Alan Aitchison and Bill Howley, in another half-mile in 2m. 0.2 sec.

6th November 1960

4 MIN. MILE HOPE

By JOHN MORTON

Olympic athlete Tony Blue today predicted that his University club-mate, Morland Smith, could become Queensland's first sub-four minute miler.

Blue said: "I think Morland could run under four minutes in the time of the Empire Games in Perth in 1962."

He further predicted that Smith, in good conditions, could become the first Queensland miler to run a mile in under four min. at Lang Park on Saturday tonight.

Blue and Smith will meet in that inter-club race.

Smith, 23, took on athletics seriously only last year.

Saturday run impressive

His all-the-way win in 4:58.6 in the wind at Lang Park on Saturday was a most impressive run.

"He has more stamina than most potential mile stars I have seen—and he runs a pretty good half-mile, too," Blue said.

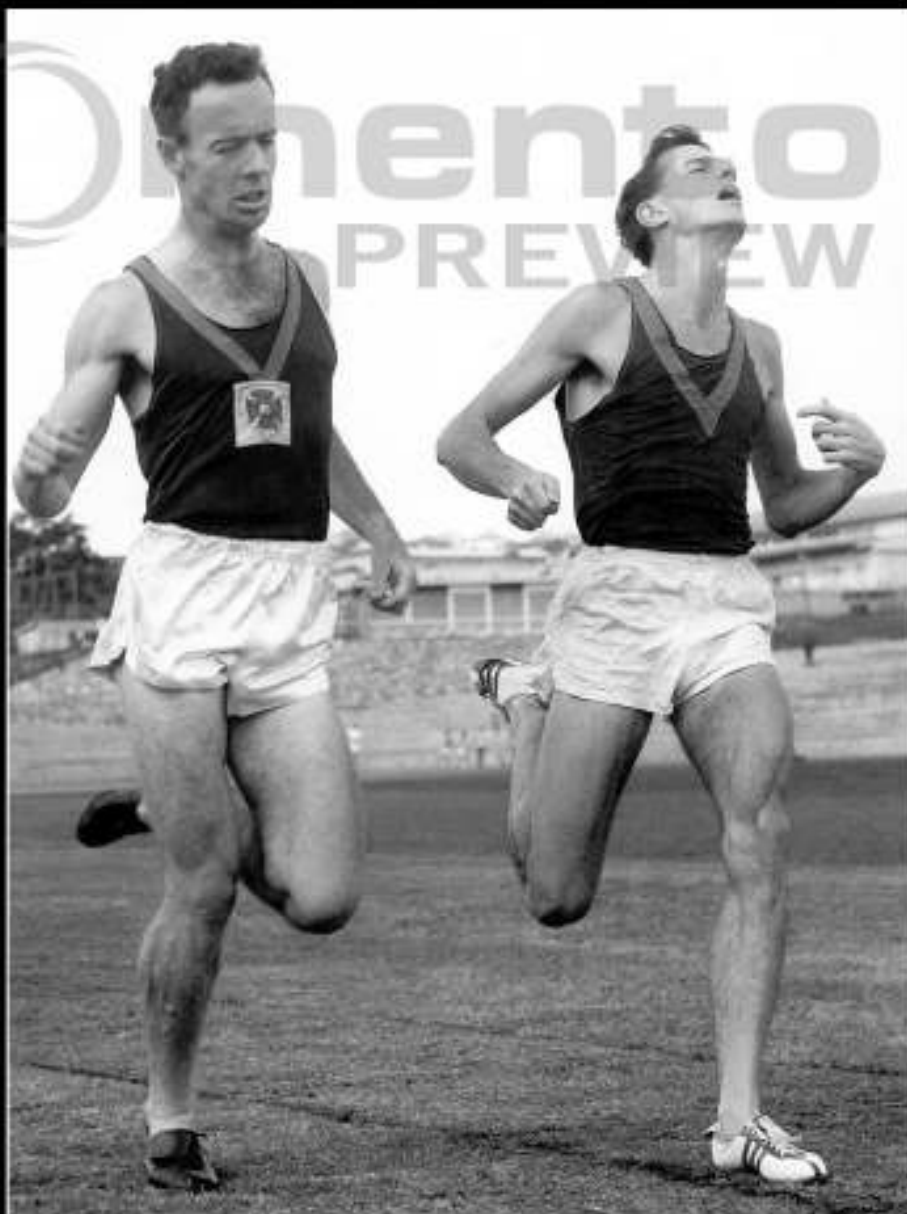
"His one testing factor is his wind blast out-striking miler are not too good."

Smith is 50, 100, and 200m 11.7.

"I'm not confident of defeating him on Saturday week," Blue added. "But all goes well, I think I'll run pretty well."

The two will meet in a half-mile at Lang Park on Saturday.

Blue did not mention his own mile prospects for the future, but suggested that he ran the quarter mile once to a Queensland—4:40.



16th November 1960

BLUE TROUNCED BLUE DOWNED IN MILE

By JOHN MORTON
Morland Smith ran Olympic Tony Blue into the ground to score a brilliant win in their long-awaited mile "match race" at Lang Park today.

In recording a new 4 min. 11.3 sec. mile, Smith proved himself the best mile runner Queensland has produced.

Tired and dishevelled, Blue could struggle home with his usual at his side only in 4:20.5.

Smith was the star with a magnificent final lap of under 88 sec.

His time was only 81/10ths sec. outside Blue's State record of 4:19.8.

He crossed a tortoise-paced team column competition.

Little more than walk

Around the final bend before the straight, Blue was in working distance of Smith, but his effort to stay with Smith cost him so much that he almost stopped and could do little more than walk to the finishing line.

"He's too fast," Blue muttered after the race. Smith said: "I think I could have run faster in better conditions. I think Tony is absolutely and obviously better than me after the Olympic Games."

Immediately after the race Smith left to attend the wedding of a University friend.

Only other winner was a third University runner, Allan Dunn, who set the

pace for two laps. While a little more than a lap to go, Smith began to tire, with Blue on his heels, and victory was his.

Sprint star disqualified

State sprint champion Eric Barker was disqualified for taking a wrong turn in the 100 yards.

The race went to his teammate, Jimmy Leinster, first time last year, in 10 sec.

State pole vault champion, Russell Dorian, set the fastest 128 jumps of the season—107 ft. 6 in.—to defeat James Wood, 10, and Jeff Collins.

Michael Gibson, sprinter, made his debut but was in 58.8 to win the 440 yds.



At least a half a century ago, the 100 yds. race was the domain of sprinters. Today, it is the domain of sprinters. In the 100 yds. race, the winner is the fastest of the sprinters. In the 100 yds. race, the winner is the fastest of the sprinters. In the 100 yds. race, the winner is the fastest of the sprinters.

EYE ON TITLE



New track star Morland Smith, 22-year-old, has recently started. Smith at St. Lucia. The beautiful view is the new two months. His immediate aim is to defeat Tony Blue in their long-awaited "match race" at Lang Park on Saturday. But he has his eye on the Queensland 100 yds. record and the Australia 100 yds. record.

Improve 5 secs. in mile

By JOHN MORTON
Tony Blue believes that whatever time he and Morland Smith set in their mile race at Lang Park on Saturday they both will see five or six seconds faster in the Australian title in March.

Why predict that? The winner of Queensland's race will run about 4 min. 12 sec.

But he understands that neither will have a better time in the State.

"I'm very keen to run fast," Blue said. "When the time is 4:12, 4:13, 4:14, 4:15, 4:16, 4:17, 4:18, 4:19, 4:20, 4:21, 4:22, 4:23, 4:24, 4:25, 4:26, 4:27, 4:28, 4:29, 4:30, 4:31, 4:32, 4:33, 4:34, 4:35, 4:36, 4:37, 4:38, 4:39, 4:40, 4:41, 4:42, 4:43, 4:44, 4:45, 4:46, 4:47, 4:48, 4:49, 4:50, 4:51, 4:52, 4:53, 4:54, 4:55, 4:56, 4:57, 4:58, 4:59, 5:00, 5:01, 5:02, 5:03, 5:04, 5:05, 5:06, 5:07, 5:08, 5:09, 5:10, 5:11, 5:12, 5:13, 5:14, 5:15, 5:16, 5:17, 5:18, 5:19, 5:20, 5:21, 5:22, 5:23, 5:24, 5:25, 5:26, 5:27, 5:28, 5:29, 5:30, 5:31, 5:32, 5:33, 5:34, 5:35, 5:36, 5:37, 5:38, 5:39, 5:40, 5:41, 5:42, 5:43, 5:44, 5:45, 5:46, 5:47, 5:48, 5:49, 5:50, 5:51, 5:52, 5:53, 5:54, 5:55, 5:56, 5:57, 5:58, 5:59, 6:00, 6:01, 6:02, 6:03, 6:04, 6:05, 6:06, 6:07, 6:08, 6:09, 6:10, 6:11, 6:12, 6:13, 6:14, 6:15, 6:16, 6:17, 6:18, 6:19, 6:20, 6:21, 6:22, 6:23, 6:24, 6:25, 6:26, 6:27, 6:28, 6:29, 6:30, 6:31, 6:32, 6:33, 6:34, 6:35, 6:36, 6:37, 6:38, 6:39, 6:40, 6:41, 6:42, 6:43, 6:44, 6:45, 6:46, 6:47, 6:48, 6:49, 6:50, 6:51, 6:52, 6:53, 6:54, 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27th November 1960



Smith too hot for Blue in 1m.

MORLAND SMITH burnt off Olympic Games athlete Tony Blue to win the mile in near record time at Lang Park yesterday.

With a scorching final lap Smith completed the distance in 4 min. 11.3 sec.

This was seen outside the Queensland records record, held by Blue.

The early laps were slow, with Alan Jones setting the pace at 62.5 and 2min. 58sec.

At the end of half a mile Smith took over. Forced along by Elias, he

WAY OUT in front for a surprise win at Lang Park athletics yesterday was Morland Smith, who beat Olympian Tony Blue by 120yds. in the mile event. Smith won in 4min. 11.3sec. only 9/10ths of a second outside the Queensland record held by Blue.

New mile hope runs Blue to a standstill

By BRIAN MULLINS

"MOREISH" miller Marland Smith sensationally ran local glamor boy Tony Blue, to a standstill, in a runaway interclub win at Long Park yesterday.

[illegible][illegible]

And according to an
internal police memo
dated Nov. 10, 1964,
the FBI was aware of
the fact that the
subject was a member
of the "Black" Army
Group.

[illegible][illegible][illegible]

Walked home
Tuesdays after another crowded concert and a cold day on one hand, Smith saw his wife plan to walk.

100

**New track
star cuts
best time
by 28 secs**

JONW. MORTON

Morland Smith clocked nearly half a minute from his previous best three-mile time in another brilliant run of Long Park today.

Smith ran the distance in 14 min. 42 1/2 sec., only two tenths of a second outside Eugene O'Sullivan's State record.

Cheered by athletes

As he "hosted" in liver tap in his office one night, most of the watching athletes cheered him on — a rare thing in American athletics.

The larkies he sought, the rather far from away and the better he looked.

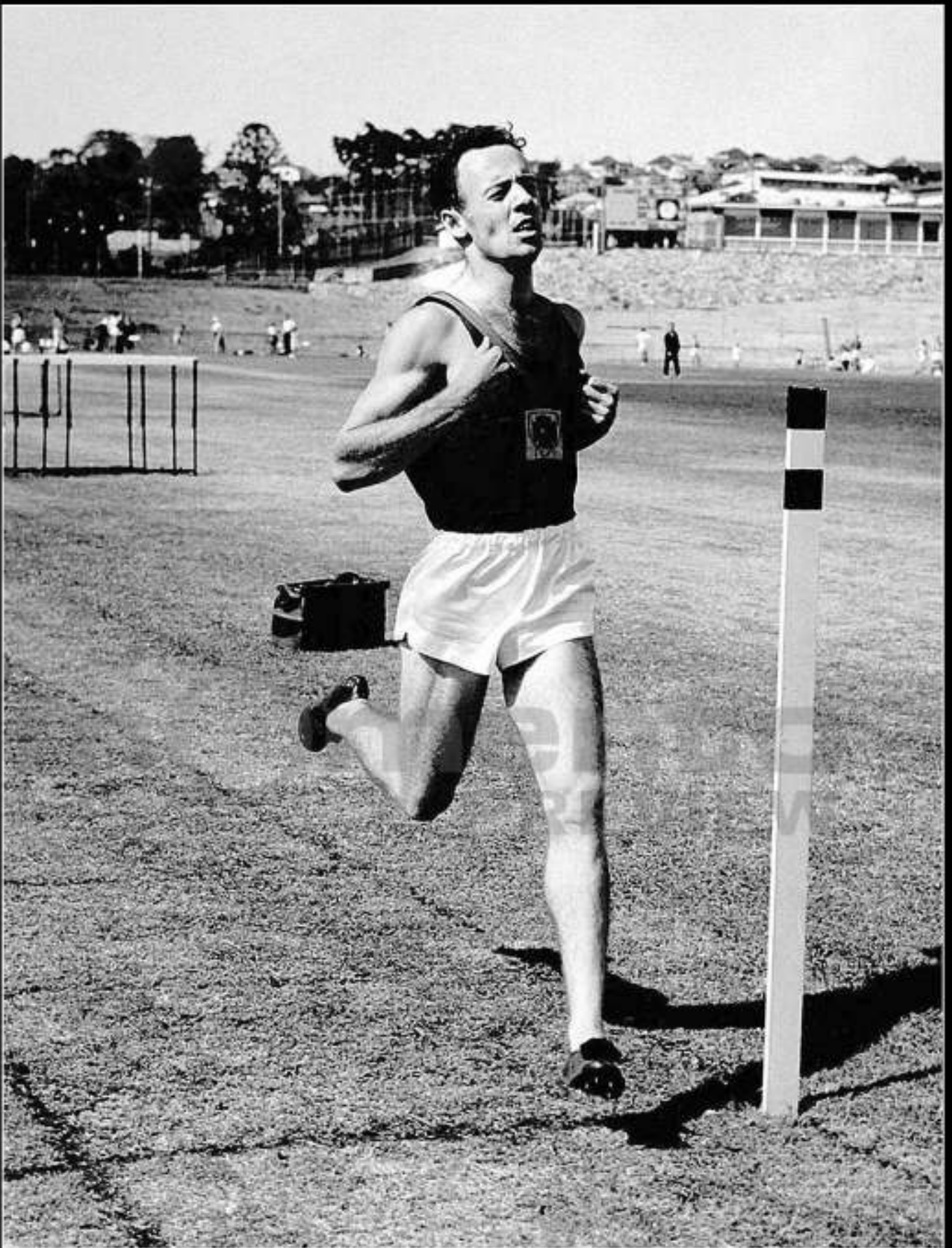
He hoped that (the) men in the field of 2 and ready details (Cyrus, Jackson, Murrey, or even, George Hall and Peter Pinner).

The splendid was a leader Murrey (Smith) on relations — of 1937, were almost a million before the committee.

The Seattle Seahawks
a shell day's speed.
Alto: Country could
run an extra hour in
a 10-10 and to be
told off. Some people
maintained challenge.
Young Day: People
could move forward in
direction with a half
mile run of 1 mile 11.5.
Lester Street - 100, 100
Dodge to see the 40
minutes in 11.5.

1990

3rd December 1960



Winning the 1 mile race in 4:11.3 at Lang Park on 26th November 1960. Lap times were 62.5, 65.5, 64 and 59.3. Preparation for the race was as follows: Nov. 21, few miles of slow cross-country running. Nov. 22, 9 X 180 yard sprints with 400 yard recovery jog between. Nov. 23, Nil. Nov.24, 2.5 miles slow jogging. Nov. 25, Nil

SMITH WAS MASTER OF BLUE

Morland Smith today repeated his performance of a fortnight ago and defeated Olympian Tony Blue over one mile at Lang Park.

The two runners, University team mates, were racing Taowong in the weekly meeting of the Queensland Amateur Athletics Association.

Smith's win a fortnight ago was a runaway. Today he beat Blue by five yards.

The time, 4 min. 10.5 sec., was one-tenth of a second outside the Queensland record.

The first lap was run in 62 sec. Blue went to the lead in the second lap, but Smith quickly picked up and led into the last lap, to draw away gradually.

Peter Biggs, also of University, filled third place.

Record throw by Frawley

Robert Frawley, of Redcliffe Club, who comes from a family of athletes and is being trained

by his uncle, John Frawley, once a Queensland representative, threw the 8 lb. hammer 181 ft. 9 in. beating the previous under-17 record by 11 feet.

In the 120 yards Open and Under 17 races Peter Balthés (Brothers) in 15.4 beat I. Balstone (Ind.), 17.7, with B. Magnusen 19.3 third.

Mayne fills three places

The 440 yards went to D. Foote (Rocklea) in 51.5 from A. Pettigrew (E.T.) with L. Dunne (Rocklea) third.

In the mile between Mayne and Brothers Peter Flessor of Mayne

led all the way and was 200 yards in front at the start of the last lap.

He won by 300 yards in 4 min. 34.5 sec. with Patterson (Mayne), C. Haylock (Mayne), and B. Crawford (Brothers) following in that order.

Late progress results were: Rocklea 42, Mayne 41, Taowong 35, Thompson Estate 31, University 29, Brothers 25.

11 December 1960

10th December was a memorable day for me. In the morning, I proposed marriage to my girlfriend Janice Poggio who said Yes. In the afternoon, I attempted to break the Queensland 1 mile record of 4:10.4 held by university team-mate Tony Blue. Unfortunately, I missed that record by 0.1 sec. recording 4:10.5

IN STEP WITH ATHLETES

By John Morton

IF someone in the next few days can convince MORLAND SMITH of his tremendous potential, he is going to set TONY BLUE a terrific task to defeat him in the mile at Lang Park on Saturday.

Smith, in the right frame of mind and in the right condition, should get down to at least 4 min. 10 sec.

To win this long-awaited "match race" he must not allow anything slower than that.

His prospects will slump if he does.

Smith is a researchable young man—and that's not only because of his modesty which won't allow him to believe he's an Australian star of the first future.

There can be few parallels in his rise to track honours.

Mid-way through last year athletics for him were only a thought.

Now he finds himself a widely discussed under and one of two figures who on Saturday probably will stop the rest of the Lang Park program because of the interest by fellow competitors in his race.

TODAY I asked three prominent men who they thought would win tomorrow's race.

They all said: Blue.

GAA secretary Jim Barlow: "I've had the better performance and more experience although not yet back to top form."

Track Manager and GAAA Vice-President Wally Husley: "Tony's experience gained overseas and his class will sell."

Track coach Vic Reschke: "Tony must not better every run."

But on Saturday I mentioned the same

thing to several athletes, friends of both runners.

Not one was prepared to answer directly one way or the other.

IF it is difficult to make a decision.

On the one hand is Blue, a self-made athlete if ever there was one, a man with terrific courage and fighting ability and with a will-to-win which drives him to the finishing line.

On the other hand is Smith, a fresher runner at the moment, raw and inexperienced but really untied as yet.

I don't think Smith can win by trying to come from behind.

He must get out and make his own pace.

THE half-mile contest between the pair last Saturday was a great pipe-opener for next weekend.

Punny part about that event, though, was that neither Blue nor Smith went out to run last time.

Blue wanted to help Smith break 15 minutes for the 3-mile later in the day.

It just shows what two competitors will do—a 150.7 half-mile!

THE breeze at Lang Park on Saturday must have been the slightest for every point of runners.

Saturday afternoon, let's hope it is like that this week.

AN old partnership — coach Bernie Jacobs and athlete Mick Makout — has been revived.

Makout approached Jacobs last week to train him again and is now happy about his decision.

For the past couple of years he has been his own coach.

He knows his mistake.

In 21 and I know little about training."

He said Makout: "I've been stabbing in the dark."

Those words should be a warning to other young athletes.

The stylish Makout is said to be hard to train in the National 440 title in March.

I think he's a sure Australian representative at the 1962 Empire Games.

Jacks was largely responsible for Eric Sibb's sprinting successes up to the end of last season.

Blue has not been back to Jacks.

He appears to be content to look after himself.

TRAINER teacher Bruce A. Robertson, OPS open 160 champion for State High in 1959, has joined the starting panel of new recruits.

Robertson, Sam Martin and Jack Forrester.

University are undefeated so far in first grade competition this season.

Their only threat to the premiership yet Taowong and they are the only club to have beaten Taowong.

Robertson, University 55, Taowong 43, Mayne 41, Thompson Estate 31, Rocklea and Brothers 25.

1961

Another good year, but marred somewhat, athletically, by the need to drop the training in favour of field work for my Ph.D. thesis in the Kilkivan area of southern Queensland. I continued to concentrate on the 880 yd and 1 mile events but with some 440 yd and 3 mile races. The highlight of the year for me was the National Athletic Championships held in March at Lang Park. I was selected to compete for Queensland in the 880yd and 1 mile events. I came 4th in the mile with another 4:10.5 run. Our team captain scratched me from the individual 880 and instead had me run the 880 leg of the Medley Relay which we won convincingly. Another highlight was the Intervarsity competition in Hobart during May where I won both the 880 and 1 mile events. We had a strong team and Queensland Uni. won every track event from 100 yds to 3 miles.

440 YARDS

| | | |
|--------|------|--|
| 15 Feb | 51.5 | Twilight meet, St. Lucia, 4th |
| 11 Mar | ?? | Interclub Comp., Lang Pk., 4X440 yd relay, 3rd |
| 3 May | 51.7 | Intercollege Champs., St. Lucia, 3rd |
| 23 Sep | 55.0 | Warwick High School, past vs present students, 1st |

880 YARDS

| | | |
|--------|--------|--|
| 11 Feb | 1:55.4 | Queensland State Championships, Lang Park, 1st |
| 22 Feb | 1:55.1 | Twilight meet at St. Lucia, 2nd to Tony Blue |
| 5 Mar | 1:53.3 | National Champs, Lang Pk, Medley Relay, 1st. QLD OPEN RECORD |
| 18 Mar | 1:57 | Interclub, Lang Pk. 4X880 yd relay, 1st, QLD RECORD (7:53.6) |
| 18 Mar | 1:58 | Interclub, Lang Park, Medley Relay, 2nd |
| 3 May | 2:03 | Intercollege championships, 1st |
| 6 May | 1:55.1 | University Championships, 1st |
| 25 May | 1:56 | Intervarsity, Hobart. 1st (Heats in 2:05) |
| 25 May | 1:57 | Intervarsity, Hobart, Medley Relay, 1st |
| 23 Sep | 2:07 | Warwick High School, past vs present students. 1st |
| 28 Oct | 1:57 | Interclub Comp., Lang Pk., 1st |
| 11 Nov | 1:57 | Training run at St. Lucia track |
| 26 Nov | 1:55.8 | Interclub comp, Lang Pk, 3rd behind Tony Blue & John Howes |

1 MILE

4 Feb 4:16 Queensland State Champs, Lang Park, 1st
4 Mar 4:10.5 Australian Champ, Lang Pk, 4th behind Vincent, Muter & Thomas
11 Mar 4:20 Interclub Comp, Lang Pk. 4X1mile relay (17:39) (RECORD)
3 May 4:19.3 Intercollege Champs, St. Lucia, 1st
13 May 4:19 St. Lucia. Peter Biggs 4:19.4 Moresby Smith & Bill Howley 4:22
25 May 4:17.2 Hobart Intervarsity, 1st
23 Jun 4:36 Warwick High School, Past vs present students, 1st
30 Sep 4:18.5 St. Lucia. Uni. vs Churchie and Grammar. 1st
21 Oct 4:17.3 Interclub Comp., Lang Park. 1st
4 Nov 4:16 Interclub Comp., Lang Park, 1st
29 Nov 4:12.9 Twilight meeting Lang Park, 1st
2 Dec 4:17.1 Interclub Comp., Lang Park, 1st

3 MILE

11 Feb 14:57.4 Queensland State Championship, Lang Park, 1st
4 May 14:58.4 University Championships, St. Lucia, 1st

MILE STAR AFTER TWO MORE TITLES

By JOHN MORTON

Queensland's new mile champion Morland Smith will seek two more titles on the second day of the State championships at Lang Park on Saturday.

Smith has decided to run in both the half-mile and the three miles.

Although the tempo from his rivals will be greater because of the importance of the occasion, Smith should take both titles.

He said today: "I'll run in the half and then the three."

"How I go in the three depends on how I feel after the half. At the moment I'm planning just to go out and win the half without worrying about fast time."

"Other runners could have other ideas about that, of course."

Smith added that he was in much better condition this week than when he took the mile in his first run for nearly two months last Saturday.

Smith, in his last half-mile run last November, was only inches behind Australian record-holder Tony Blue in a gripping race.

Both were credited with 1 min. 53.7 sec.—the fastest time in Australia this season.

Blue will marry Miss Susan Dods in St. John's Cathedral on Friday evening and will not defend his half-mile crown.

In the annual rankings

of the American Track and Field magazine, Blue is rated No. 10 880 yards and 800 metres runner in the world.

Both Smith and Blue plan to try and run a fast half-mile and a fast mile before the Australian titles at Lang Park on March 4 and 5.

This will probably be at twilight meetings on Wednesday evenings at St. Lucia or during the University v. The Rest meetings at Lang Park before the national titles.

Smith will concentrate on the half-mile and mile for the championships.



MORLAND Smith flexes strongly for a win in his State athletic titles at Lang Park yesterday.



Queensland
Championships 1961.
Morland winning the
880 yards in 1:55.4
(above) and the mile in
4:16 (left)

CANTERED IN



Morland Smith (inside) draws away for a good win in the 880 yards in the interclub Queensland Amateur Athletics Association meeting at Long Park today.

**After
Herb's
title**

A NEW MILE HOPE ON THE SCENE



Queensland's new middle-distance find Morland Smith leading Olympian Dr Tony Blair in their mile race at Brisbane on Saturday.

With Herb Elliott out of Australian athletics this season and his "shadow," Merv Lincoln, retired, who will be the 1960 Australian mile champion?

That's the big question in our track and field circles these days. And in case you think you can answer it in two shots YOU COULD BE WRONG.

THE two favorites for Herb's mile "crown" are NSW stars Albert Thomas and Dave Power. Both have run faster miles than any other prospect for the national titles carnival at Brisbane on March 4-5.

Thomas twice has broken the 4-minute barrier — with 3:56.6 at Dublin in 1958 and 3:56.8 at Sydney last January. Power has "knocked" it by clocking 4:02.

Power, for the past two years our top 4400-meter runner, intends to follow Thomas' lead this season of spearheading in the mile.

Another NSW runner, tall, powerful Dennis Wilson, ranks next among the Australian states with a 4:43.

But up at Brisbane they think they have a "dark horse" who might upset all the leading favorites — 23-year-old Morland Smith, who has made a startling rise this season.

"NEW" BOY

Smith, who didn't participate on anything until a year ago, has twice beaten Queensland Olympian Dr Tony Blair in recent weeks. First Smith edged out Blair in an 880 yds. race

Steve Hayward's SPORTING SPOTLIGHT

in 1:27.1, best time for the distance in Australia this season.

And on Saturday he can show from Blair to take a mile at Long Park, Brisbane, in 4:11.5.

These mile sprints are exciting starting at first glance — but they are a lot better than Smith's previous best.

And last Saturday's mile was run in scorching heat and a heavy bluster wind.

"MACHINE"

Hayward is certainly not a sprinter. Although he stands 5ft. 10in., he has short legs and runs with a striking gait. But he has remarkable strength, and can keep up a fast pace with machine-like endurance.

Morland probably will be an even better runner by the time the national trials come around. And he will be more accustomed to Brisbane's heat than his rivals from the South.





The Start, Finish and medal presentation for the 3 mile Queensland Championships in 1961 at Lang Park. The winning time was 14:57.4



Gold medals for wins in the 880. mile, 3 mile, 4X880 and 4X mile relays



SMITH TO SKIP THREE-MILE TRY

By JOHN MORTON, Telegraph Athletics writer

Treble State track title winner Morland Smith will not run in the Australian three mile title event at Lang Park next month.

Smith said another emphatic "No!" after having won the three mile on the second day of the Queensland championships today at Lang Park.

At the national championships he will concentrate on the half-mile and the mile.

He won the Queensland half-mile title today and the mile last week.

He comfortably took the half-mile in 1:55.4 from Melvin Parker and Bob Hillier.

He finished surprisingly strongly to take the three mile in two runners who had 14:57.4 from the other helped to make it an interesting three-man race — George Hale and Peter Stagg.

Eric Higby won the first heat of the 220 in 22.1 from Mick Malouf and Ken Lynn. The other heat went to Jim Leinster from Les Grove and Bruce Barnett in 22.6.

Lance Nicol had to be helped from the victory due by Queensland Amateur Athletic Association president Mr. Tom Blue after he had received his medal for winning the 440 hurdles.

Nicol was distressed and holding his head in his hands as Mr. Blue led him away.

Nicol, who took the 220 hurdles last week, defeated Junior Jeff Collins and Peter Hall in 35.6.

He ended a eight-year reign as champion by Rod Carter, who retired this season.

Sprint win to hurdler, too

After a two-year absence in Melbourne, Olympian Morris Black won his fourth triple jump crown at 46ft 2in. David Smithson completed the Under 19

sprint treble he defeating Mike Gilson and Dick Freeland in the 220 in 22.5.

Although better known as a hurdler—he took the Under 17 title last week—Peter Baithes defeated Maryborough star Cliff Edwards in 23.2 to take the Under 17 220.

John Crew, not only ran an intelligent race to win the Under 19 two miles but set new State figures.

Crew finished too strongly for Mearby Smith in the last 300 yards to win in 9:45.8.

Smith held the title and George Hale the record at 9:54.6.

Crew sat on Smith's shoulder for seven of the eight laps.

After Herb's title

A NEW MILE HOPE ON THE SCENE



Queensland's new middle-distance find Morland Smith leading Olympian Dr Tony Blue in their mile race at Brisbane on Saturday.

With Herb Elliott out of Australian athletics this season and his "shadow," Merr Lincoln, retired, who will be the 1960 Australian mile champion?

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Thomas twice has broken the 4-minute barrier — with 3:58.4 at Epping in 1958 and 3:58.8 at Sydney last January. Power has "cracked" it by clocking 4:02.

Power, for the last two years our top distance runner, intends to follow Thomas's lead this season of internationalism in the mile.

Another NSW runner, tall, powerful Dennis Wilson, ranks second among the Australian drivers with a 4:03.

Hot up at Brisbane they think they have a "star horse" who might upset all the leading leaders — 23-year-old Morland Smith, who has made a startling rise this season.

"NEW" BOY

Smith, who didn't concentrate on running until a year ago, has twice beaten Queensland Olympian Dr Tony Blue in recent weeks. Last month ended on 4:02 in an 800 yard race.

Steve Haywood's SPORTING SPOTLIGHT

in 1:52.7, best time for the distance in Australia this season.

And on Saturday he ran away from Blue to take a mile at Lang Park, Brisbane, in 4:11.

These mile runners are getting something at first glance — but they are a lot better than Smith's previous best.

And last Saturday's mile was run in scorching heat and a heavy blustering wind.

"MACHINE"

Morland is nothing but a "machine". Although he stands 5ft 10in, he has short legs and runs with a running gait that has remarkable smoothness and can keep up a "raw" pace with machine-like consistency.

Morland probably will be an even better runner by the time the national titles carnival is around. And he will be more accustomed to Brisbane's heat than his rivals from the north.

11 February 1961
Queensland Amateur Athletics Championships
Won both the 880 yd championship in 1:55.4 early in the day and later the 3 mile championship in 14:57.4, both at Lang Park. I was being encouraged by well-wishers to run all 3 middle distance events at the National Championships in March but declined, stating my preference for the 880 and mile only.

SLOPE AID TO RUNNER'S GOAL

By JOHN MORTON

Training runs up the steep slope of Mt. Coot-tha are part of the strenuous pre-athletic season preparation for Morland Smith, Queensland half-mile, mile and 3-mile champion.



It is possible that Smith's winter devotion to training could mean a four-minute mile run during the summer.

← Picture shows Smith in a training run beside the river in the University grounds.

Several times this winter Smith, 23, has run from the University to the top of Mt. Coot-tha and back.

It is a distance a little under 11 miles.

Once he covered the distance in 63 minutes!

Sometimes he trains with promising young distance runner Moresby Smith — no relation.

"He is really keen and running well," says Morland, of Moresby. "We should have some terrific 3-mile races this season."

TEACHINGS OF CERUTTY

Smith is following the teachings of Percy Cerutti in avoiding the track in his winter build-up.

"Track training in the winter bores me so much that I can't concentrate," he said.

In June and July he ran about 40 miles a week.

In August he had calf muscle trouble in his right leg and was forced to ease down.

Now he is training three days on the track and three days in cross-country type of work.

He is half-a-stone above his best running weight of 11.4.

"I feel much stronger than ever before," he says. And he looks it.

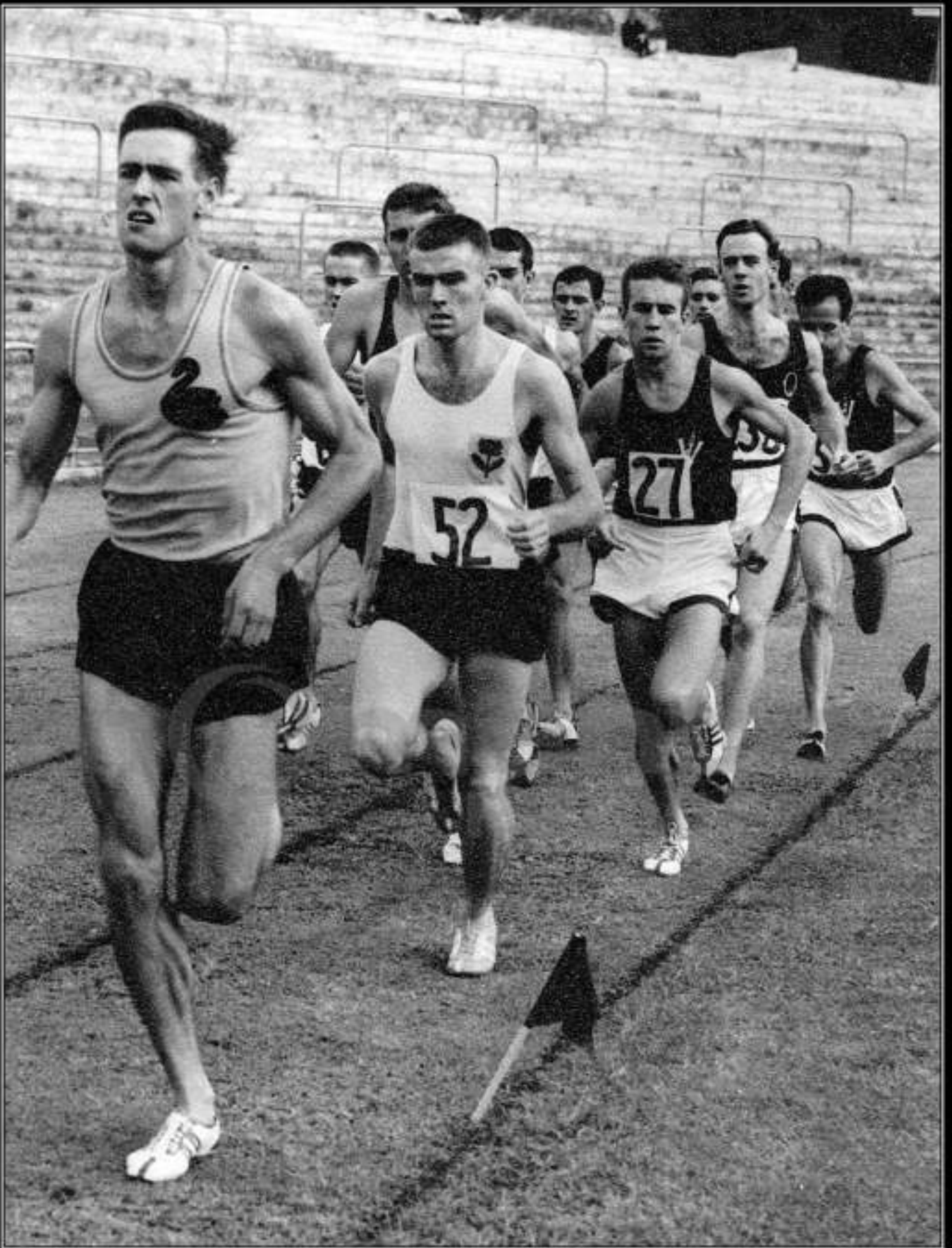
Although Smith has been running for less than three seasons, he twice has run a mile in 4min. 10.5 sec.

My training regime (left) revealed by sports writer John Morton.

The 1 mile rankings as of February 20 in "Track and Field" magazine had 5 runners in Australia running under 4:11. Laurie Elliott (Herb's younger brother) was 1st, Trevor Vincent 2nd, I was third, Alby Thomas (world record holder for the 3 mile) was 4th and Alan Muter, 5th. In the mile race on March 4th, we were all represented in the first 5 to finish but in a different order—Vincent (1), Muter (2), Thomas (3) Smith (4) Elliott (5), with only 2 seconds between 1st and 5th.



Gold Medal for winning the Medley Relay at the National Championships on 5th March



The 1 mile race at the 1961 Australian Athletics Championships, Lang Park, Brisbane on 4th March. All runners still bunched up on the back straight of lap 2. Laurie Elliott for Western Australia is leading with me placed about 7th on the inside.

RUN STAR SPIKED

By JOHN MORTON

State champion and Commonwealth Games hope Morland Smith was spiked during a half-mile race at Lang Park today.

The inside of his left foot was covered in blood from three small gashes.

But the injury was found not to be serious by his University club-mate and Olympian, Dr. Tony Blue.

The incident occurred in the back stretch during the first lap.

Apparently another runner chopped in front of Smith and forced him back on to a third runner.

He obviously was spiked accidentally from behind.

Smith said, "I went on to the inside of the track. I almost stopped,

but I decided to run on."

Smith went to the lead almost immediately from there and won easily in 1 min. 57 secs.

● Boy's fantastic hammer throw record, P. 4.

SETBACK FOR TOP RUNNER IN MILE

By JOHN MORTON

Morland Smith, Mr. Misfortune of athletics, has struck another setback in his attempt to put himself into the running for selection in Australia's team for the Commonwealth Games in Perth next year.

The new setback is rain!

Smith, dogged by bad luck this season and last, almost certainly will have to contend with a heavy track if he is able to run his final race of the season in the mile at Lang Park tomorrow.

Before he left for Kilkivan earlier this week to do field work in his geology studies, Smith was hopeful his injured foot would be recovered sufficiently for him to run.

But the rain has thrown a doubt on tomorrow's inter-club events.

If there is more rain today and tonight, the program could be cancelled

for the fourth time this season.

"This is the worst season for weather I can remember since the war," declared Queensland Amateur Athletic Association track manager Wally Huxley today.

He wants a fast-run race

But if the program is held, Smith will not have the worry of seeing the mile split and his strongest rivals going into other divisions.

Huxley said that under the rules for the Bulley Shield competition, which starts tomorrow, the mile would be "all in."

If there were more than about 14 starters, the field

would be split . . . but the best milers would go into the one division.

Smith wants a fast mile because he will go into temporary retirement until early winter to prepare a thesis for his post-graduate course in geology.

If he can record a sub-4 min. 10 sec. mile first, he will have a bright chance of being selected for the Games trials in Melbourne in October.

Two foot injuries, the mile a fortnight ago being split into divisions, and now the rain have not given him the opportunity to prove his true potential.

Dr. Tony Blue, who probably would have proved his toughest rival

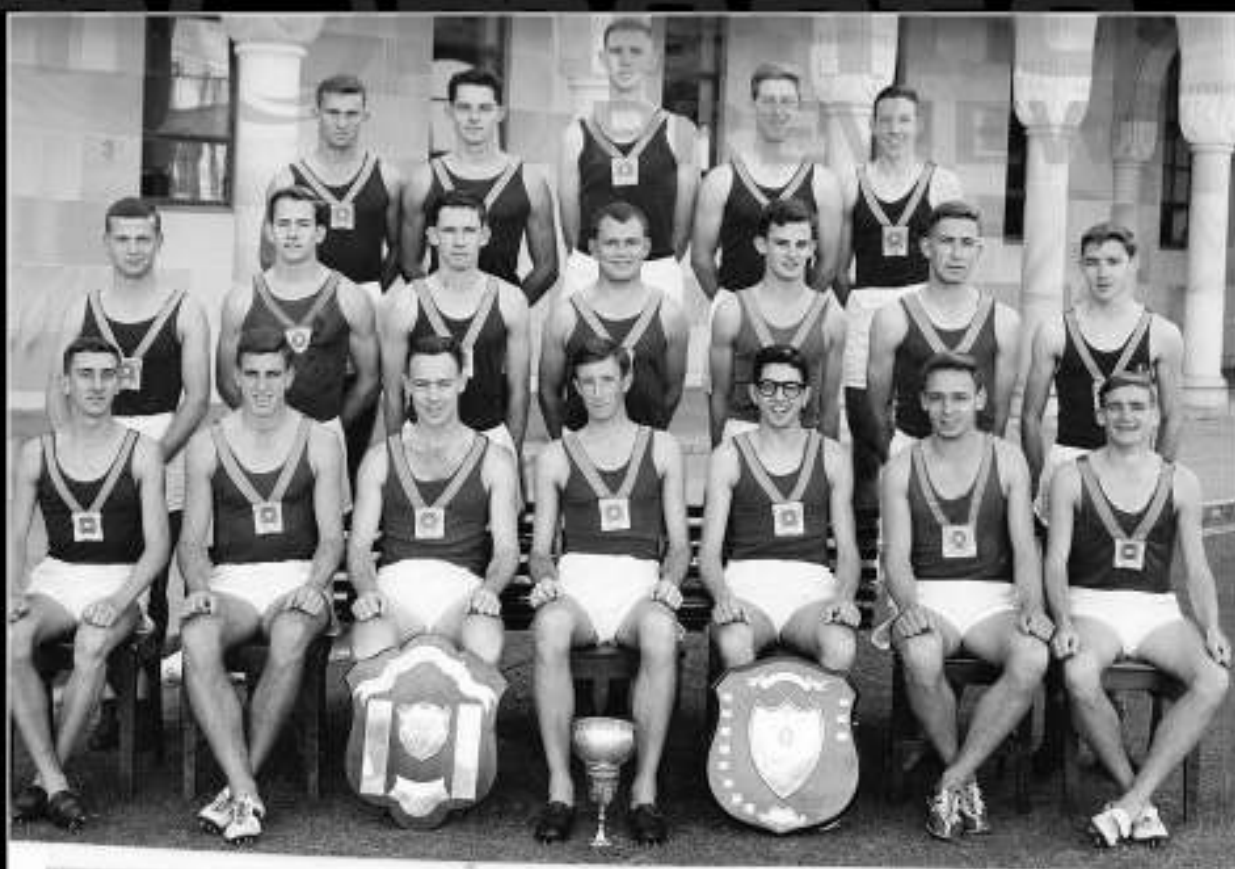
tomorrow, is in New Zealand and will run a half-mile at Auckland tomorrow night.

But Bill Howley, 19, is showing great form and John Howes can be expected to run better than last week.



University team-member, Morland Smith, passes the baton to Br. Tony Blue at the last leg of the 4 x 880 yd. relay in the Queensland Relay Championships at Lang Park today. The University team won the event, setting a new Queensland record of 7 minutes 53.6 seconds.

18 March 1961. The 4X880yd relay, interclub competition at Lang Park. Morland handing over the baton to Tony Blue. New Queensland Record of 7:53.6



BACK ROW—D. L. Greaves, B. Higgins, I. E. Kirkgaard, W. H. Buckle, M. R. Smith
SECOND ROW—K. J. M. Bilton, J. M. McGulneas, T. McCarthy, J. Guernsey, S. M. Grant, A. P. Jones, B. S. Dully
FRONT ROW—J. S. Walker, A. D. Crawley, M. B. Smith (Vice Capt.), K. H. V. Duigan (Capt.), M. O. Mahood, B. A. Hoffmeyer, J. P. Biggs
ASSISTANTS—K. W. Bilton (Manager), K. Fredericks

The victorious Queensland University Hobart Intersvarsity Team, 1961

The University of Queensland.

SPORTS UNION



We hereby certify that

Morland Ellis Smith

has been awarded a full Blue in Athletics
for the 1960 season.

PREVIEW

Secretary, Sports Union

President, Sports Union

Dated this Twenty Sixth day of April
One thousand nine hundred and Sixty One

The Queensland University FULL BLUE
in athletics awarded in 1961 for
performances in 1960

1962

I did very little running this year and only competed in the first half. I gave some consideration to taking up running seriously and temporarily putting aside geology studies. I felt certain that with proper training I could run the mile in under 4 minutes.

However, academic pursuits won the day when in May I was awarded a Canadian Commonwealth Post-graduate Scholarship to study for a Ph.D at Queen's University in Kingston, Ontario, Canada. On 10th August, I married my fiance Janice Poggio in King's College Chapel and on 5th September, we departed Sydney for Canada.

880 YARDS

- 2 May 2:02.9 Intercollege Championships at St. Lucia, 1st
- 5 May 1:58.1 University championships at St. Lucia, 2nd
- 24 May 1:56.6 Intervarsity competition at St. Lucia, 2nd

MILE

- 14 Apr 4:36 Training run at St. Lucia
- 28 Apr 4:19 Race at St. Lucia, 2nd to Alan Jones (4:18.9)
- 12 May 4:23.5 Race at St. Lucia, 3rd
- 18 May 4:17 Race at St. Lucia, 1st
- 22 May 4:21 Intervarsity championships at St. Lucia, 1st

CROSS COUNTRY

- 29 Sep ?? 3.5 mile X-Country at Royal Military College in Kingston, 2nd



Award to runner

Top University runner. Morland Smith has won a University scholarship to Canada.

He will be the only Queenslander out of 12 Australians chosen for an applied science (geology) scholarship.

Still fit

Smith will enter Queen's College, Kingston, in August and hopes to continue his athletics.

He has not competed in Queensland athletics for a few months, but still holds reasonable form. His best mile time of 4min. 10.5sec. is only a 10th of a second outside Tony Blue's record.

MILE ACE OFF TO CANADA

By JOHN MORTON

Leading Queensland athlete Morland Smith has been awarded a Commonwealth scholarship to a Canadian University.

Smith, 24, Queensland half-mile, mile and 3-mile champion in 1960-61, will fly to Queen's University, Kingston, Ontario, in August or September.

He has been awarded a Canadian post-graduate Commonwealth scholarship and will study for a doctor's degree in geology.

He will be away for three years.

Smith yesterday came out of temporary retirement to retain his mile title at the inter-varsity championships at St. Lucia.

He retired early this year to study for his Master's Degree of Applied Science in Geology.

He missed the Queensland and national titles.



Royal Military College medal for running 2nd in a 3.5 mile cross-country race in Kingston, Ontario on 29th September

1963

No competition running but did some occasional training to maintain general fitness.



A new experience, training in the snow wearing a heavy yellow Queen's tracksuit.

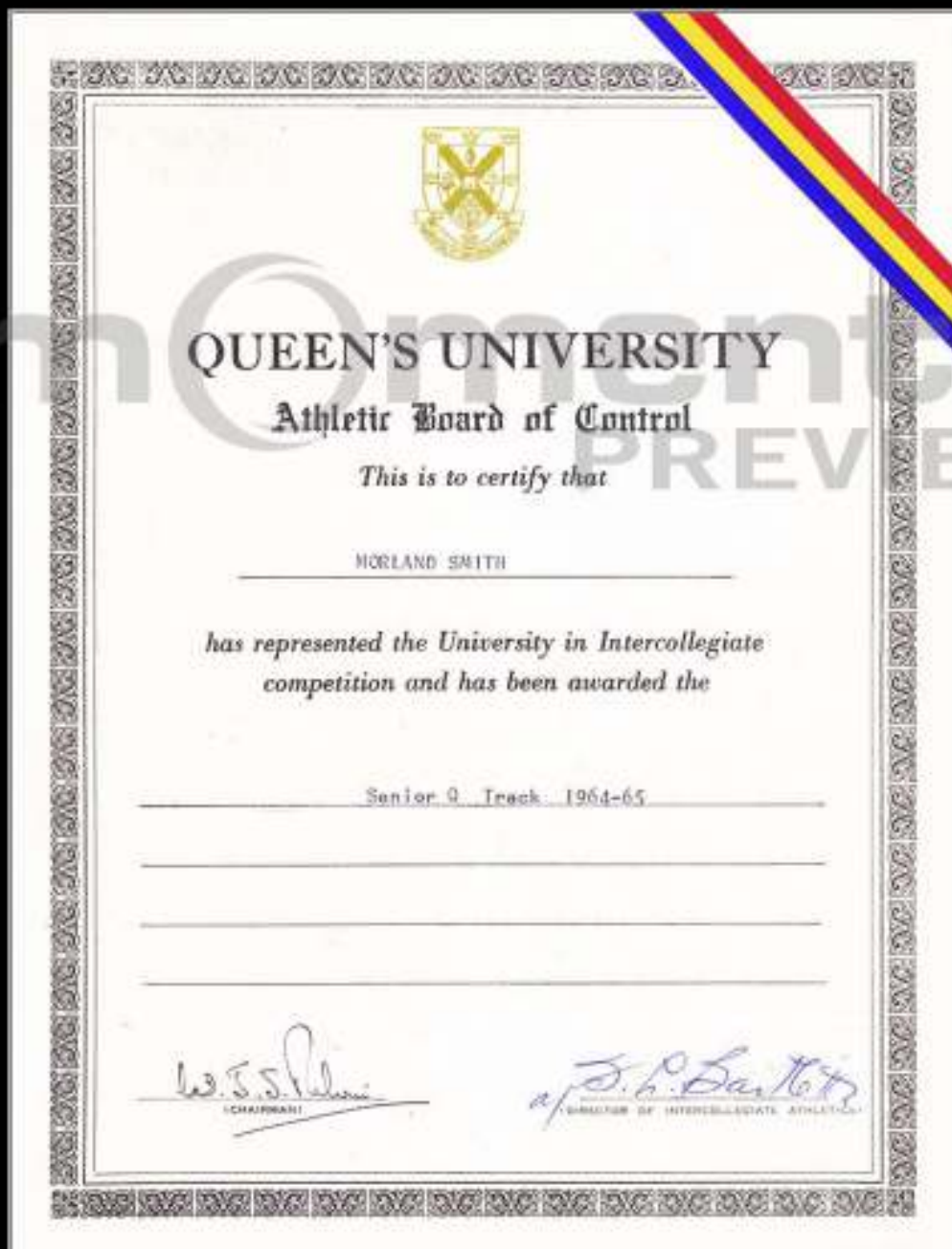
Along the shore of Lake Ontario in Kingston with fellow athletes (above) and in the park near our apartment on Bagot Road (left)

1964

Continued to train on and off during the year but not seriously. Ran for Queens in 3 races in the Fall as under:

31 Oct ?? Ontario Harrier's Championships in Ottawa over 6 miles, 6th
9 Nov 28.09 Inaugural X-country Queens vs Royal Military College, 5.2 miles, 3rd
14 Nov 26.31 Intercollegiate Harrier's Comp. 5-mile teams race. Queens 3rd,
Morland 10th

1965



Awarded Queen's University "SENIOR Q TRACK 1964-65" by the Athletic Board of Control

1966-1979

Returned to Australia on 1st January 1968 to work in Kalgoorlie on exploration for nickel. Only very minimal training to keep generally healthy. Work commitments very demanding. No racing

1980

Started to take training more seriously by doing lots of long slow runs to build up muscle strength and improve aerobic fitness. On April 13, ran in the City to Surf Fun Run and came 165th out of several thousand runners. My time for the ~12 km distance was 47:06



1981

The year of the Marathon. I've always wanted to test myself over the marathon distance and decided to do it this year. Distances run in training gradually increased during the first part of the year with up to 80 km each week leading up to the race on 7th June. Had two 25 km training runs prior to the event and had no problems so felt confident I could go the distance. My time for the 42.195 km distance was 3 hours, 3 minutes and 35 seconds. I actually covered the second half faster than the first half and did not experience "The Wall" on the home stretch.



1982

Continued training most of the year with several layoffs due to muscle (calf mainly) injuries, including a long 6-week rest at the end of the year. Work commitments still onerous with lots of travelling within Australia and overseas. Had only 2 races early in the year:

1500 m

11 Mar 4:16 M40 race at Perry Lakes Warm-up (PLWU) track in spikes, 1st

10 km (approx)

21 Apr 39:21 Race on beach at Port Aransas, Texas against Texasgulf exploration staff. 1st



Port Aransas, Texas
The annual
Texasgulf Mineral
Exploration Division
Manager's Meeting
was held in Port
Aransas in 1982.

Larry Turner
organized a 10 km
race before
breakfast on the
beach along the
edge of the Gulf of
Mexico. I easily won
the race with
Fergus Graham
(2nd) and Paul
Taufen (3rd)

1983

I had four 1500 m races early in the year when I had reached a reasonable degree of fitness. For a while held the state record over this distance in the M45 division (men aged 45 to 49). Best run was in the Australian Veterans Championships in Melbourne on 2nd April when I came 2nd in 4:11. The latter part of the year was marred by work commitments and injuries.

1500 m

11 Mar 4:17 Race at PLWU track, 1st & new STATE RECORD
26 Mar 4:26 Training run at PLWU track
28 Mar 4:28 Training run at PLWU track
2 Apr 4:11 Aust. Veterans Champs, Melbourne, 2nd & WA RECORD



Austrtalian Veterans Champs', Melbourne. Leading at the end of the 3rd lap with Dr. Tom Roberts hard on my heels. I qualified in the heats with a 4:32 run, but at the finish officials forced us off to the side of the track and I seriously twisted my ankle on the concrete track edging.

The physiotherapist iced the ankle and strapped it up to reduce the swelling allowing me to race in the finals. Here Tom is passing me as we approach the finish line. (My run was a 90.11% Age Graded performance)





RECORD PERFORMANCE

Morland Smith

*set a Western Australian
State Record for*

Event 1500 metres

Age Group M45 Performance 4:11.0

on 4/4/1983 at Melbourne (AMA Champs.)
(90.11% Age Graded Percentage)


Club Statistician


President

MASTERS ATHLETICS WA

1984

Only ran one race this year but trained sporadically whenever possible, despite considerable travelling work commitments and lay-off due to muscle injuries

1500 m

8 Mar 4:19 Race at PLWU track, 1st

1985-1987

No Racing, but continual training whenever possible

1988

Ran in the State Veterans Athletics Championships over 1500 m on March 19 and won the M50 division comfortably in a respectable time of 4:34.

1500 m

19 March 4:34 State Vets Champs., McGillvray Oval, 1st in M50



1989 - 2005

Several yearas of on and off training but no serious effort made to get really fit enough to compete. In 1991, whilst woring for Aztec Mining, we formed a team called "The Geriaztecs" to compete in the Blackwood Marathon. I ran the first leg from Boyup Brook to the Blackkwood River, a distance of 12 km in around 48 minutes

2006

Resumed serious training specifically for the State Masters Athletics Championships in late March as a 68 year old in the M65 division. Ran and won the 800m, 1500m and 5000m races at the Ern Clarke Athletic Centre, Cannington.

800 m

26 Mar 3:10.8 WA Masters Champs, ECAC, 1st

1500 m

25 Mar 6:25 WA Masters Champs, ECAC, 1st

5000 m

26 Mar 23:48.5 WA Masters Champs, ECAC, 1st



Running in the 5000 m



After the 1500 m



Receiving "gold" medal for 1500 m

2007 - 2008

No competitive running but did regular training when not injured to maintain moderate level of fitness and good general health

2009

Ran the 3 middle distance events again in the State Masters Championships at the ECAC in late March, now as a 71 year old in the next division M70 (70-74year old)

800 m

29 Mar 2:59 WA Masters Champs, ECAC, 1st

1500 m

28 Mar 6:35.6 WA Masters Champs, ECAC, 1st

5000 m

29 Mar 24:36.9 WA Masters Champs, ECAC, 1st



Near the finish of the 5000 m event. As daytime maxima in late March can be very hot, this event is usually scheduled for an 8 am start. Experienced a minor strain in my right hamstring during the race and later had a 10 minute massage before the 800 race

Morland with Cathy and Saya after the 800 m race.

My number 713 denotes that I am 71 years old and was the 3rd to register in my M70 division. My age graded performance was 78.55%



2010

This year the Australian Masters Championships were held in Perth at the new Athletics Stadium in Mount Claremont. I competed in the M70 1500 m coming 3rd., and the 5000 m race which I had to withdraw from after 10 laps due to an injured left hamstring muscle. Both races were won by Queenslander Alan Bradford who held Australian and some World records over these distances at the time.

1500 m

3 Apr 5:53.19 Aust. champs, Mt. Claremont Stadium, 3rd
Age graded percentage of 83.18%



Bronze medal for placing 3rd in the Australian Championships 1500 m, and certificate for placing 1st in the same race against W.A. runners



2011

Again, ran all 3 middle distance events, winning all of them in my M70 age division, as a 73 year old. As I get older, there are fewer competitors.

800 m

3 Apr 3:03.7 W.A. Masters Champs, E.C.A.C. 1st

1500 m

2 Apr 6:27.6 W.A. Masters Champs, E.C.A.C. 1st

5000 m

3 Apr 24:27 W.A. Masters Champs, E.C.A.C. 1st



The start (left) and finish (right) of the 800m race. David Carr (far left, no. 781) is the world record holder of this event in the M75 division - a fantastic athlete.



Exhausted after the 1500m. Morland (M70, left) and Nick Miletic (M60, right)



2012

Training on and off, but several injuries. No racing

2013

Added the 10k event to my races this year, and collected 4 "gold" medals. There were no other W.A. Masters competitors in my new age division of M75

800 m

10 Mar 3:20.9 W.A. Masters Champs, Mt. Claremont Stadium, 1st

1500 m

9 Mar 7:18.5 W.A. Masters Champs, Mt. Claremont Stadium, 1st

5000 m

10 Mar 26:24 W.A. Masters Champs, Mt. Claremont Stadium, 1st

10000 m

21 Feb 59:00.4 W.A. Masters Champs, E.C.A.C., 1st



10K runners, all in together with temporary numbers, being briefed at the start by Dave Carr (in black)



[Above] Morland being awarded the 10k medal by the legendary distance running champion John Gilmore



[Left] Finishing the 1500m, and, 4 medal haul this year